

Râs Moel Eilio

10/05/2014

Safle Position	Rhif No	Amser Time	Enw Name	Clwb Club	Lleol Local	Dosb Cat	Dynion / Men			Merched / Women				
							MO	M40	M50	FO	F40	F50	F60	
1	31	1.16.23	Dominic Jones	Mercia FR		MO	1							
2	6	1.16.46	Martin Cliffe	Eryri		M40		1						
3	41	1.19.43	Sam Orton	U/A		MO	2							
4	51	1.19.56	John Parkinson	Eryri		M40		2						
5	30	1.20.29	Mark Davies	NWRRC		MO	3							
6	10	1.20.51	Fred Maier	Eryri		MO	4							
7	43	1.21.03	Dyfed Whiteside Thomas	Eryri	L	MO	5							
8	24	1.22.16	Simon Roberts	Buckley Runners		M40		3						
9	13	1.23.37	Noel Craine	Eryri	L	M50			1					
10	45	1.25.12	Gary Porter-Jones	Eryri		M40		4						
11	4	1.25.13	Paul Barbier	Eryri	L	M40		5						
12	2	1.25.47	Christian Russell-Pollock	U/A		MO	6							
13	8	1.26.17	Simon Murray	U/A		M40		6						
14	33	1.27.12	Stuart McDonald	Eryri		MO	7							
15	9	1.28.21	Ashley Gray	U/A		M40		7						
16	18	1.28.47	Sam Green	Bangor Uni AC		MO	8							
17	22	1.28.51	Vincent Edwards	U/A		M40		8						
18	40	1.29.17	Irfon Rowlands	Cybi Striders		M40		9						
19	5	1.29.51	Brian Wills	Eryri	L	M40		10						
20	11	1.30.48	Rhys Owen	Cybi Striders		MO	9							
21	17	1.31.12	Sarah Ridgway	Mercia FR	L	F40					1			
22	1	1.31.40	Kevin Hagley	SWRR		M50			2					
23	36	1.32.27	Emlyn Roberts	Eryri		M50			3					
24	35	1.33.00	Adam Mitchell	U/A		MO	10							
25	32	1.33.15	Andrea Rowlands	Eryri		FO				1				
26	12	1.33.17	Kate Worthington	Eryri	L	FO				2				
27	50	1.33.45	Arwel Lewis	Eryri		M50			4					
28	38	1.34.21	Emlyn Owen	Eryri		M40		11						
29	48	1.34.45	Rick Littlejohn	Eryri		MO	11							
30	25	1.35.05	Peter Agnew	Denbigh Harriers		M50			5					
31	26	1.36.34	Emrys Jones	Cybi Striders		M50			6					
32	28	1.36.43	Sean Gavin	NWRRC		M40		12						
33	29	1.37.01	Serena Wragg	U/A	L	F40					2			
34	34	1.37.41	Richard Borne	Mysteruns		M40		13						
35	52	1.38.3	Tim Cahill	Abergele Harriers		M50			7					
36	39	1.38.42	Ashley Wager	Eryri	L	M50			8					
37	19	1.39.06	Kean Rowlands	Eryri		M50			9					
38	3	1.39.24	Emily Wood	Eryri	L	F40					3			
39	23	1.41.43	Neil Hindle	U/A		M50			10					
40	53	1.42.18	Paul Carter	Bangor Uni AC		M40		14						
41	27	1.42.44	Patrick Cain	U/A		M50			11					
42	42	1.43.18	Tracey Llewellyn	Cybi Striders		FO				3				
43	37	1.43.38	Harri Roberts	Eryri		M50			12					
44	20	1.43.46	Terry Coleman	U/A		M50			13					
45	14	1.45.08	Ellie Salisbury	Eryri		F50						1		
46	47	1.46.28	Dave Broatch	U/A		M50			14					
47	44	1.51.23	Guto Edwards	U/A	L	M40		15						
48	16	1.52.36	Gwyn Evans	Eryri		M50			15					
49	55	1.53.13	Graham McVey	U/A		M40		16						
50	54	1.54.23	Stel Farrar	Eryri	L	F50						2		
51	21	2.18.57	Maggie Oliver	Eryri	L	F60								1
	46	DNF	Kath Broatch	U/A		F50								
	56	DNF	Iestyn Harris	U/A		M50								
	15	DNF	Jenny Williamson	Eryri	L	FO								
	49	DNF	Andrew Evans	U/A		MO								
	7	DNF	Gwen Jones	U/A	L	FO								