

[illegible]

Safle	Rhif	Amser	Enw	Dynion / Male:										
Position	No	Time	Name		MU14	MU16	MU18	MO	M40	M50	M60	M65	M70	FU14
35	57	00:18:43	Rhidian Jones	u/a				18						
36	274	00:18:45	William Gray-Parry	u/a				19						
37	189	00:18:48	Jonathan Clemson	Preston				20						
38	92	00:18:49	Liz Purbrick	Abingdon										
39	25	00:18:50	James Hooton	Cybi Striders					9					
40	3	00:18:52	Anwen Darlington	Sheffield										
41	7	00:18:54	Mollie Davies	Menai										
42	74	00:18:55	Phil Targett	Eryri					10					
43	145	00:18:56	Emlyn Owen	Eryri				21						
44	53	00:18:57	Gareth Roberts	u/a				22						
45	32	00:19:12	Patrick Cain	u/a						3				
46	291	00:19:15	Kevin Challinor	Deeside						4				
47	88	00:19:16	Paul Carter	Bangor Uni				23						
48	70	00:19:18	Emyr Davies	Eryri									1	
49	169	00:19:22	Ricky Francis	Meirionydd				24						
50	127	00:19:24	Vicky Gottwald	u/a										
51	265	00:19:25	Russ Cheetham	Prestatyn					11					
52	112	00:19:26	Christian Maggs	u/a				25						
53	114	00:19:29	Gerallt Jones	u/a				26						
54	269	00:19:33	Jason Bentley	u/a					12					
55	18	00:19:36	Shon Evans	Menai				27						
56	28	00:19:38	Darren Battersby	Abergele					13					
57	186	00:19:41	Dewi Snelson	Cybi Striders				28						
58	23	00:19:46	John Walker	NWRRC					14					
59	93	00:19:47	Lewis Purbrick	Abingdon				29						
60	122	00:19:50	Caron Rees Jones	u/a				30						
61	200	00:19:52	Jonathan Tyler	Eryri				31						
62	30	00:19:59	Alaistar Moralee	u/a						5				
63	190	00:20:05	Tom Rice-Owen	Menai				32						
64	83	00:20:06	Meirioin Owen	Anglesy Sports Dev				33						
65	248	00:20:07	Ian Jones	u/a					15					
66	56	00:20:09	Emrys Jones	Cybi Striders						6				
67	80	00:20:12	Arfon Bebb	Eryri				34						
68	194	00:20:14	Lauren Hassett	Tara LC										
69	300	00:20:20	Richard Lloyd Jones	u/a			3							
70	229	00:20:22	Mathew Bicknall	Colwyn Bay				35						
71	255	00:20:23	Karl Truswell	Betsi Runaways					16					

Safle	Rhif	Amser	Enw	Dynion / Male:										
Position	No	Time	Name		MU14	MU16	MU18	MO	M40	M50	M60	M65	M70	FU14
72	11	00:20:24	Barry Griffith	u/a					17					
73	147	00:20:25	Leah Hughes	Prestatyn										
74	9	00:20:26	Huw Trainor	Eryri				36						
75	72	00:20:27	Carwyn Williams	u/a				37						
76	36	00:20:29	Chris Trotman	u/a				38						
77	156	00:20:32	Glyn Sanderson	u/a				39						
78	178	00:20:34	Hannah Griffith	NWRRC										
79	81	00:20:37	Richard Argyle	Anglesy Sports Dev				40						
80	68	00:20:42	Tony Hill	Cybi Striders							2			
81	142	00:20:48	Gethin Williams	u/a				41						
82	40	00:20:49	Geraint Williams	Cybi Striders						7				
83	41	00:20:51	Wayne Norman	Cybi Striders				42						
84	4	00:20:52	Nina Othen	Eryri										
85	236	00:20:53	Llinos Haf Jones	Betsi Runaways/ Ysgol										
86	287	00:20:54	Owain Gibbard	Ysgol Brynrefail	1									
87	107	00:20:57	Arron Roberts	u/a				43						
88	148	00:20:58	Gareth Hughes	Prestatyn								1		
89	259	00:20:59	Keenan Latham	Betsi Runaways/ Ysgol		2								
90	12	00:21:07	Tony Gibson	NWRRC						8				
91	20	00:21:08	Brian Robbins	Eryri								2		
92	233	00:21:09	Dean Rigby	u/a				44						
93	159	00:21:10	Paul Brandrick	Prestatyn						9				
94	198	00:21:11	Alun Wyn Evans	u/a					18					
95	244	00:21:12	Chris Hoult	Parafit					19					
96	75	00:21:13	Andrew Howick	Cybi Striders					20					
97	129	00:21:14	Irfon Jones	u/a						10				
98	196	00:21:19	Leah Collins	Tara LC										
99	151	00:21:20	Russel Williams	Cybi Striders					21					
100	69	00:21:27	Mark N Jones	NWRRC					22					
101	39	00:21:28	Charlotte Pollock	u/a										
102	108	00:21:29	Allan Davies	NWRRC						11				
103	13	00:21:30	Iwan Aled Thomas	u/a				45						
104	6	00:21:32	Chris Birch	Abergele										
105	15	00:21:36	Dylan Evans	u/a				46						
106	220	00:21:37	Pwyll ap Sion	u/a					23					
107	197	00:21:38	Isabelle Rees	Tara LC										
108	26	00:21:40	Ian Rothery	Cybi Striders						12				

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Position	No	Time	Name		MU14	MU16	MU18	MO	M40	M50	M60	M65	M70	FU14
109	96	00:21:41	Paul Griffiths	u/a				47						
110	286	00:21:45	Gareth Ellis	u/a					24					
111	100	00:21:46	Lesley Lawson	Eryri										
112	50	00:21:47	Ellie Salisbury	Eryri										
113	46	00:21:48	James hardy	u/a				48						
114	33	00:21:49	Lara Cain	Menai										
115	177	00:21:51	Alwyn Williams	Eryri				49						
116	45	00:21:52	Mair Eluned	u/a										
117	42	00:21:53	Sion Griffiths	Cybi Striders					25					
118	272	00:21:58	Meirion 2 Williams	u/a						13				
119	102	00:22:02	Edith Gruben	Cybi Striders										
120	17	00:22:06	Gwyn Evans	Eryri						14				
121	143	00:22:07	Jeffrey Bryant	u/a						15				
122	184	00:22:09	Jaco Baas	u/a					26					
123	207	00:22:10	John Hughes	u/a					27					
124	217	00:22:13	Arfon Hughes	u/a					28					
125	60	00:22:15	Andrew Parker	u/a				50						
126	55	00:22:19	Hayley Turner	Eryri										
127	296	00:22:21	Mike Dilworth	Anglesy Sports Dev						16				
128	79	00:22:24	Tine McDonnell	Eryri										
129	245	00:22:25	Sioned Evans	u/a										
130	181	00:22:35	Simon Longman	u/a							3			
131	173	00:22:39	Stuart McDonald	Eryri				51						
132	256	00:22:43	James Godfrey	Betsi Runaways/ Ysgo		3								
133	219	00:22:44	Nia Davies Williams	u/a										
134	153	00:22:45	Dafydd Williams	u/a					29					
135	216	00:22:46	Ann Hughes	u/a										
136	240	00:22:47	Julia Korn	u/a										
137	54	00:22:52	Alun Rowlands	Cybi Striders						17				
138	124	00:22:53	Arwel Evans	u/a				52						
139	253	00:22:55	Natalie Rushton	Abergele										
140	130	00:22:57	Deian Williams	Eryri	2									
141	48	00:22:58	Jordan Thomas	u/a				53						
142	66	00:23:03	Anthony Roberts	u/a						18				
143	162	00:23:04	Lajla Cash	u/a										
144	65	00:23:05	Alun Jones	Cybi Striders						19				
145	10	00:23:06	Carl Thatcher	u/a				54						

Safle	Rhif	Amser	Enw	Dynion / Male:										
Position	No	Time	Name		MU14	MU16	MU18	MO	M40	M50	M60	M65	M70	FU14
146	76	00:23:10	Bethany Diment	u/a										
147	101	00:23:11	Tamsin Fretwell	Eryri										
148	208	00:23:12	Sioned Rowlands	Eryri										
149	209	00:23:14	Dilwyn Rowlands	Eryri					30					
150	43	00:23:16	David Marc Robinson	Cybi Striders				55						
151	71	00:23:17	Carys Hogan	Cybi Striders										
152	251	00:23:19	Sonia Elliman	u/a										
153	247	00:23:20	Cheryl A Frost	NWRRC										
154	161	00:23:21	Ken Prenter	u/a				56						
155	141	00:23:25	Ricky Murphy	u/a						20				
156	119	00:23:26	William J Stewart	u/a						21				
157	84	00:23:29	Karen Williams	Anglesy Sports Dev										
158	14	00:23:30	Geraint Evans	Bro Dysynni						22				
159	258	00:23:31	Hugh Godfrey	Betsi Runaways					31					
160	266	00:23:34	Abbie Cheetham	Prestatyn										
161	293	00:23:35	Robin Whiteside	u/a				57						
162	117	00:23:50	Debra Williams	u/a										
163	224	00:23:52	Natasha Jones	u/a										
164	279	00:24:06	Ken Grayson	u/a					32					
165	264	00:24:10	Nicaola Williams	u/a										
166	178	00:24:11	Hannah Griffith	NWRRC										
167	250	00:24:12	Ben Pegler	u/a				58						
168	257	00:24:13	Christine Clark	Betsi Runaways										
169	288	00:24:18	Gwenno Gibbard	u/a										
170	126	00:24:19	Rhys G Williams	u/a				59						
171	172	00:24:20	Alex Flectcher	Eryri										
172	94	00:24:26	Ian Mullican	u/a					33					
173	226	00:24:29	Dorina Savu	Romania RC										
174	270	00:24:31	Rebecca Roberts	Menai										
175	212	00:24:32	Arwel Wyn Owen	u/a				60						
176	110	00:24:35	Ruth Harvey	Cybi Striders										
177	52	00:24:36	Chloe Rafferty	u/a										
178	51	00:24:39	Jonathan Collins	u/a					34					
179	201	00:24:40	Sarah Downes	u/a										
180	231	00:24:41	Libby Peter	Eryri										
181	237	00:24:45	Rachel Jones	Betsi Runaways										
182	239	00:24:48	Kalvin Jones	Eryri						23				

Safle	Rhif	Amser	Enw		Dynion / Male:										
Position	No	Time	Name		MU14	MU16	MU18	MO	M40	M50	M60	M65	M70	FU14	
183	276	00:24:57	David Kirkham	Cybi Striders							4				
184	103	00:24:59	Joanne Worby	u/a											
185	170	00:25:01	Katherine Wills	u/a											
186	152	00:25:03	Gillian Griffiths	u/a											
187	280	00:25:04	Nia Thomas	u/a											
188	285	00:25:05	Jack McFadden	Ysgol Eirias		4									
189	242	00:25:06	Gareth Jones	u/a					35						
190	167	00:25:18	David Morris	u/a							5				
191	282	00:25:21	Einir Wyn Evans	u/a											
192	205	00:25:22	Gavin Williams	u/a					36						
193	223	00:25:26	Bethan Mair Williams	u/a											
194	139	00:25:27	Sian Owen	u/a											
195	248	00:25:29	Ian Jones	u/a					37						
196	27	00:25:33	Tim Radford	u/a						24					
197	182	00:25:51	Carole Richardson	u/a											
198	268	00:25:52	Alun Davies	u/a					38						
199	284	00:25:53	Roxanne McFadden	u/a											
200	128	00:25:54	Sion Hughes	u/a				61							
201	144	00:25:55	Louise Ralph	u/a											
202	73	00:25:56	Grace Lowry	u/a											
203	210	00:26:00	Delyth Darlington	u/a											
204	133	00:26:00	Wililam Evans	u/a					39						
205	67	00:26:03	Diane Harrison	u/a											
206	61	00:26:04	Viv Edwards	Menai											
207	58	00:26:08	Danielle Scales	u/a											
208	237	00:26:09	Rachel Jones	Betsi Runaways											
209	238	00:26:11	Awen Cubbord	Betsi Runaways											
210	263	00:26:14	Johann Slavin	u/a											
211	218	00:26:20	Clare Kenyon	u/a											
212	261	00:26:21	John Hatton	NWRRRC								3			
213	154	00:26:22	Mari Wyn Jones	u/a											
214	105	00:26:23	Nicole Booth	u/a											
215	82	00:26:31	Rachel Argyle	Anglesy Sports Dev											
216	91	00:26:33	Karl Sadil	Menai				62							
217	232	00:26:33	Kate Williams	u/a											
218	234	00:26:37	Emily Hough	u/a											
219	123	00:26:49	Gwyndaf Williams	u/a				63							

Safle	Rhif	Amser	Enw		Dynion / Male:										
Position	No	Time	Name		MU14	MU16	MU18	MO	M40	M50	M60	M65	M70	FU14	
220	158	00:26:56	Katie Brandrick	Prestatyn											
221	211	00:27:10	Anne Darlington	u/a											
222	29	00:27:13	Elen Menai Jones	u/a											
223	179	00:27:20	Steffan Griffith	u/a				64							
224	63	00:27:20	Kathryn Wesson	u/a											
225	254	00:27:21	Henryette Hamilton	u/a											
226	187	00:27:22	Leah Stanton	u/a											
227	59	00:27:26	Bethan Houghton	u/a Mad Mothers											
228	295	00:27:29	Hannah Greenhouse	u/a											
229	47	00:27:31	Angharad Lewis	u/a											
230	214	00:27:38	Elin Buens	u/a Fiona's Flyers											
231	188	00:27:38	Kate Channer	u/a											
232	35	00:28:04	D Mystery Smith	u/a								4			
233	150	00:28:05	Catrin Llewelyn	Ysgol Brynrefail											
234	149	00:28:07	Rhian Carpenter	NWRRC											
235	95	00:28:08	Einir Randall	u/a Mad Mothers											
236	290	00:28:09	Michela Anne	u/a											
237	204	00:28:30	Fiona Williams	u/a Fiona's Flyers											
238	235	00:28:34	Claire Madden	u/a											
239	135	00:28:39	Wendy Marchant	u/a											
240	136	00:28:39	Chris Purt	u/a				65							
241	168	00:28:51	Dylan W Griffith	u/a				66							
242	113	00:28:52	Joan Edwards	NWRRC											
243	225	00:28:53	Carol Keating	u/a											
244	243	00:28:54	Sandra Hughes	u/a											
245	140	00:29:04	Philip Daly	u/a				67							
246	21	00:29:24	Carol Livett	Menai											
247	260	00:29:27	Orian Latham	Betsi Runaways				68							
248	293	00:29:31	Robin Whiteside	u/a				69							
249	281	00:29:31	Julie Roberts	Betsi Runaways											
250	252	00:29:37	Sarah Flynn	u/a											
251	99	00:29:56	Sarah Jane Hayward	Eryri											
252	246	00:30:00	Eirwen Jones	u/a											
253	183	00:30:41	Janet Williams	u/a											
254	222	00:30:41	Lona Thomas	u/a											
255	164	00:30:45	Stephanie Haines	u/a											
256	165	00:30:48	Barry Haines	u/a						25					

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